

THE ART OF ENJOYMENT. (KEVIN F. Mc Cuskey)
My favorite game is Table Tennis, which I play at least twice a week,

It consists of all us oldies, whose bones are beginning to creak.

This all happens at Coburg, where the (KEEN - AGERS) team is at,

We do it for fun and fitness, and nobody can argue with that.

Some people are under the impression, that when you reach 50
you're done,

So when you get round to playing, the enjoyment of life has begun.

When I took my yearly Holidays, and headed up to the Tweed,

I took my trusty bat along, for to keep playing is what I need.

Not knowing where to get a game, I started asking around,

Twin Towns was the answer, they have a social Club that's sound.

So off I went to Banora, where this Club just happens to be,

Wondering whether the people inside, would really be friendly to me.

Once I was amongst them, I was completely feeling at ease,

For the reception I received was fantastic, going out of their way to
please.

My mind was quickly switched to calm, for I knew I'd found new
friends,

For that's the way with us oldies, we stick to the old trusted trends

I thank you all for your friendship, your company I completely
enjoyed,

May I see you all in the future, and again have my spirits buoyed.