

THE KEEN – AGERS ( SOCIAL ) TABLE TENNIS CLUB COBURG

Come one come all, if you're over 50 you'll sure have a ball.

You will be amongst friends, and have lots of fun,

And end up as fit as a son of a gun.

At the end of each game, you will feel on a high,

You will feel you can jump up, and be one with the sky.

And when you are finally back on the ground,

You will be fully prepared to go another round.

As the weeks go by and you start to improve,

That's when you'll realize, your right in the groove.

As you become older, and your body gets tight,

It takes quite some time, for It all to be right.

But as long as you're willing, and prepared to keep going,

You'll soon find out, the improvement is showing.

So if you want to be happy, and keep having your fun,

Just be persistent, and naturally it will come .

Kevin F. Mc Cuskey 1- 11 – 2007